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Pain-free Flying with Ear Planes

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I used
to
dread
flying.
Not

because I was afraid to fly, but because my ears would instantly plug up after taking off giving me a major headache. It was even worse descending. Sometimes my ears stayed plugged for days, even weeks. When you travel by jet, they pressurize the cabin so you can breathe, but they only pressurize it to the equivalent of about ten thousand feet and we fly higher than that more often than not.

EarPlanes are small ear plugs specially formed to regulate pressure once inserted in the ear, and they greatly reduce discomfort. I put them in before takeoff and remove them after landing. The first time I tried them, I was thrilled that when I disembarked, my ears were clear.

No pain, no pressure! I highly recommend these plugs to everyone. Just be sure to keep them in until you land and read the directions on usage. Some are one-time use; others are multi-use.

For more information on Ear Planes, [EXPLORE HERE](#).



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